

SPRING 2026 - LAP POOL SCHEDULE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
5:00 AM	LAP SWIMMING	Deep Water Aerobics	Adult Lap Swim	Deep Water Aerobics	Adult Lap Swim	Deep Water Aerobics	Adult Lap Swim	5:00 AM
5:30 AM	AVAILABILITY:	Masters Swim Team	Tsunami Swim Team	Masters Swim Team	Tsunami Swim Team	Masters Swim Team	Masters Swim Team	5:30 AM
6:00 AM	MANY LANES AVAILABLE	Walking	Adult Lap Swim & Water Walking	Walking	Adult Lap Swim & Water Walking	Walking	Adult Lap Swim & Water Walking	6:00 AM
6:30 AM	FEW LANES AVAILABLE	↓	↓	↓	↓	↓	↓	6:30 AM
7:00 AM	NO LANES AVAILABLE	↓	↓	↓	↓	↓	↓	7:00 AM
7:30 AM	↓	↓	↓	↓	↓	↓	↓	7:30 AM
8:00 AM	↓	↓	↓	↓	↓	↓	↓	8:00 AM
8:30 AM	↓	↓	↓	↓	↓	↓	↓	8:30 AM
9:00 AM	↓	↓	↓	↓	↓	↓	↓	9:00 AM
9:30 AM	↓	↓	↓	↓	↓	↓	↓	9:30 AM
10:00 AM	↓	↓	↓	↓	↓	↓	↓	10:00 AM
10:30 AM	↓	↓	↓	↓	↓	↓	↓	10:30 AM
11:00 AM	↓	↓	↓	↓	↓	↓	↓	11:00 AM
11:30 AM	↓	↓	↓	↓	↓	↓	↓	11:30 AM
12:00 PM	↓	↓	↓	↓	↓	↓	↓	12:00 PM
12:30 PM	↓	↓	↓	↓	↓	↓	↓	12:30 PM
1:00 PM	↓	↓	↓	↓	↓	↓	↓	1:00 PM
1:30 PM	↓	↓	↓	↓	↓	↓	↓	1:30 PM
2:00 PM	↓	↓	↓	↓	↓	↓	↓	2:00 PM
2:30 PM	↓	↓	↓	↓	↓	↓	↓	2:30 PM
3:00 PM	↓	↓	↓	↓	↓	↓	↓	3:00 PM
3:30 PM	↓	↓	↓	↓	↓	↓	↓	3:30 PM
4:00 PM	↓	↓	↓	↓	↓	↓	↓	4:00 PM
4:30 PM	↓	↓	↓	↓	↓	↓	↓	4:30 PM
5:00 PM	↓	↓	↓	↓	↓	↓	↓	5:00 PM
5:30 PM	↓	↓	↓	↓	↓	↓	↓	5:30 PM
6:00 PM	↓	↓	↓	↓	↓	↓	↓	6:00 PM
6:30 PM	↓	↓	↓	↓	↓	↓	↓	6:30 PM
7:00 PM	↓	↓	↓	↓	↓	↓	↓	7:00 PM
7:30 PM	↓	↓	↓	↓	↓	↓	↓	7:30 PM
8:00 PM	↓	↓	↓	↓	↓	↓	↓	8:00 PM
8:30 PM	↓	↓	↓	↓	↓	↓	↓	8:30 PM
9:00 PM	↓	↓	↓	↓	↓	↓	↓	9:00 PM
9:30 PM	↓	↓	↓	↓	↓	↓	↓	9:30 PM
10:00 PM	↓	↓	↓	↓	↓	↓	↓	10:00 PM

POOL CLOSED MONDAY - FRIDAY 2 - 4PM FOR SWIM TEAM/WATER POLO

****THIS SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE BASED ON DEPARTMENT PROGRAMS OR EVENTS****