

SUMMER 2026 - LAP POOL SCHEDULE

TIME	SUNDAY	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	TIME	
5:00 AM	LAP SWIMMING	Deep Water Aerobics	Adult Lap Swim	Deep Water Aerobics	Adult Lap Swimming	Deep Water Aerobics	Adult Lap Swim	Deep Water Aerobics	Adult Lap Swimming	Deep Water Aerobics	Adult Lap Swim		5:00 AM	
5:30 AM	AVAILABILITY KEY: SEVERAL LANES AVAILABLE FEW LANES AVAILABLE LIMITED LANES AVAILABLE		Masters Swim Team				Masters Swim Team				Masters Swim Team		5:30 AM	
6:00 AM												Masters Swim Team	Adult Lap Swimming	6:00 AM
6:30 AM														6:30 AM
7:00 AM														7:00 AM
7:30 AM														7:30 AM
8:00 AM		Tsunami Swim Team & Swimming Lessons	Deep Water Aerobics	Tsunami Swim Team & Swimming Lessons	Deep Water Aerobics	Tsunami Swim Team & Swimming Lessons	Deep Water Aerobics	Tsunami Swim Team & Swimming Lessons	Deep Water Aerobics	Tsunami Swim Team & Swimming Lessons	Deep Water Aerobics	Tsunami Swim Team	Adult Lap Swimming	8:00 AM
8:30 AM														8:30 AM
9:00 AM														9:00 AM
9:30 AM														9:30 AM
10:00 AM														10:00 AM
10:30 AM														10:30 AM
11:00 AM														11:00 AM
11:30 AM	Adult Lap Swimming													11:30 AM
12:00 PM														12:00 PM
12:30 PM														12:30 PM
1:00 PM		Open Plunge		Open Plunge		Open Plunge		Open Plunge		Open Plunge				1:00 PM
1:30 PM	Open Plunge - Diving Boards													1:30 PM
2:00 PM														2:00 PM
2:30 PM														2:30 PM
3:00 PM														3:00 PM
3:30 PM														3:30 PM
4:00 PM	POOL CLOSING AT 4													4:00 PM
4:30 PM		Swimming Lessons		Swimming Lessons		Swimming Lessons		Swimming Lessons		Swimming Lessons				4:30 PM
5:00 PM														5:00 PM
5:30 PM														5:30 PM
6:00 PM														6:00 PM
6:30 PM														6:30 PM
7:00 PM														7:00 PM
7:30 PM														7:30 PM
8:00 PM		Shallow Water Aerobics		Shallow Water Aerobics	Masters Swim Team	Shallow Water Aerobics		Shallow Water Aerobics	Masters Swim Team					8:00 PM
8:30 PM														8:30 PM
9:00 PM		Deep Water Aerobics	Adult Lap Swimming	Deep Water Aerobics	Adult Lap Swimming	Deep Water Aerobics	Adult Lap Swimming	Deep Water Aerobics	Adult Lap Swimming	Deep Water Aerobics	Adult Lap Swimming			9:00 PM
9:30 PM														9:30 PM
10:00 PM		POOL CLOSING AT 10		POOL CLOSING AT 10		POOL CLOSING AT 10		POOL CLOSING AT 10						10:00 PM

During Open Plunge swim times a few lap lanes will be available for lap swimming.

****THIS SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE BASED ON DEPARTMENT PROGRAMS OR EVENTS****